

79 NHL PLAYERS - 2 HOBEY BAKER AWARD WINNERS - 60 ALL-AMERICANS - 134 NHL DRAFT PICKS















THE ULTIMATE HOCKEY EXPERIENCE + ELITE LEVEL CURRICULUM INCLUDES:

2 ON ICE SESSIONS PER DAY

OFF ICE INSTRUCTION

POWER SKATING / PASSING / SHOOTING

DRYLAND TRAINING: AGILITY / SPEED

PUCK SUPPORT/ SPEED / COMPETE

PRESENTATIONS: VIDEO / NUTRITION / TRAINING

LUNCH - DAILY

GOALIE-SPECIFIC TRAINING

SPARTAN HOCKEY CAMP JERSEY

TRAIN LIKE SPARTANS

SMART | FAST | HARD